



Free Apps & Websites

for Weather & Disaster Preparedness

RESOURCES *for* PREPAREDNESS



US National Weather Service

The US National Weather Service issues weather forecasts and shares preparedness information on their website and social media. They are a good source for staying up-to-date on the weather.

English

	Norman Office	Tulsa Office
Website	www.weather.gov/oun/	www.weather.gov/tsa/
Facebook	US National Weather Service Norman Oklahoma	US National Weather Service Tulsa Oklahoma
Twitter	@NWSNorman	@NWSTulsa



OK Emergency App

In Oklahoma, it's not if but when an emergency or disaster will occur. This app provided by the State of Oklahoma was created to help Oklahomans prepare for, respond to, and recover from disasters. Users can find emergency news updates for statewide or regional events, upload damage photos or information, and view emergency information on maps. They can also use the app to build a mobile emergency plan for themselves or their families. This multi-functional app was created by the Oklahoma Department of Emergency Management (OEM) as a service to the public, local emergency managers and other state agencies.

English



FEMA App

The FEMA app contains tools and tips to keep you safe before, during, and after disasters. Stay updated with weather-related alerts from the U.S. National Weather Service. Upload and share your disaster photos to help out emergency managers. Save a custom list of the items in your family's emergency kit, as well as the places you will meet in case of an emergency. Get tips on what to do before, during, and after over 20 types of disasters. And locate open shelters and where to talk to FEMA in person at Disaster Recovery Centers.

English
Spanish



**American Red Cross:
Tornado App**

The American Red Cross tornado app is the complete solution you need to understand and prepare for a tornado and all that comes with it. With interactive quizzes and simple step-by-step advice it's never been easier to be ready!

English
Spanish

The tornado app is one of 10 free apps including: first aid, pet first aid, earthquake, hurricane, flood, wildfires, hero care, blood, and emergency!



American Red Cross: First Aid App

Accidents happen. The official American Red Cross First Aid app puts expert advice for everyday emergencies in your hand. Get the app and be prepared for what life brings. With videos, interactive quizzes and simple step-by-step advice it's never been easier to know first aid.

English
Spanish

The first aid app is one of 10 free apps including: pet first aid, tornado, earthquake, hurricane, flood, wildfires, hero care, blood, and emergency!



MyHome Scr.APP.book

MyHOME Scr.APP.book lets you quickly capture images, descriptions, bar codes and serial numbers of your prized possessions. The app organizes information room by room and even creates a back-up file for email sharing. It is great for determining how much insurance you really need and for filing a claim.

English

RESOURCES *for* CHILDREN & ADOLESCENTS



**American Red Cross:
Monster Guard**

Welcome to the Monster Guard, rookies! Our motto is Learn-Practice-Share! Emergencies can happen at any time, so we need to LEARN how to stay safe during an emergency, PRACTICE what we learn, and SHARE with our friends and family. Travel across the United States and learn where tornadoes, wildfires, hurricanes, and earthquakes are most likely to occur. Practice your home fire escape plan. Evacuate from a tsunami and head to higher ground. You will learn to be safe by playing!

English



Helping Kids Cope

Help Kids Cope is an app designed to assist parents in talking to their children about different disasters they may experience or have already experienced. This app includes 10 different disaster types with sections in each on how to explain, prepare, respond, and heal from the event their family is concerned with. Each section gives guidance on talking to preschool, school-age, and adolescent children, as well as, includes ways parents can help themselves cope and support their children’s reactions. Parent audio icons are located throughout the app—simply tap on these to hear a parent’s personal story. Make sure your device is not on mute or vibrate to hear these stories.

English

Help Kids Cope was a collaborative effort between the Ozark Center and the National Child Traumatic Stress Network.



FEMA Kids Website

www.ready.gov/kids

English
Spanish
Haitian-Creole
Tagalog
Vietnamese
Chinese



Sesame Street Website

www.sesamestreet.org/toolkits/ready

English
Spanish

RESOURCES *for* DISASTER MENTAL HEALTH



PFA Mobile App

PFA Mobile was designed to assist responders who provide psychological first aid (PFA) to adults, families, and children as part of an organized response effort. This app provides responders with summaries of PFA fundamentals, PFA interventions matched to specific concerns and needs of survivors, mentor tips for applying PFA in the field, a self-assessment tool for readiness to conduct PFA, and a survivors' needs form for simplified data collection and easy referral. PFA Mobile was created by VA's National Center for PTSD in partnership with the National Child Traumatic Stress Network (NCTSN) and DoD's National Center for Telehealth & Technology.

English
Japanese



**SAMHSA
Disaster
Behavioral
Health App**

It's easier than ever to provide support in the aftermath of disasters, and focus on what really matters—the people in need. SAMHSA Behavioral Health Disaster Response App, recipient of a Silver Web Health Award from the National Health Information Center, is designed for behavioral health professionals and provides access to evidenced-based mental health and substance use information, tools, and resources for use in the field.

English